



Confidence in menopause: A practical approach for primary care <https://events4healthcare.com/menopausedoctor>

A day workshop focusing on an evidence-based approach to choosing the right treatment for menopausal women

Who should attend?

- GPs leading menopause within your practice
- Practice nurses with an interest in the menopause

Proposed Agenda

9.45 - 11.00	Why is menopause a priority in primary care? Symptoms of menopause including genito-urinary syndrome of the menopause (GSM) Premature Ovarian Insufficiency Health risks of menopause Impact of menopause at work
11.00 – 11.15	Coffee
11.15 - 12.45	Managing the menopause Lifestyle Hormone Replacement Therapy (HRT) Non-hormonal treatments Complementary treatments Management of genito-urinary syndrome of the menopause
12.45 - 1.30	Lunch
1.30 - 2.15	Hormone Replacement Therapy (HRT) Evidence based discussion of benefits of HRT – symptoms and health benefits Evidence to support body identical HRT Testosterone for women Risks of HRT Overview of guidelines – NICE / IMS / ESHRE
2.15-3.30	From Evidence into Practice: Practical Case Studies
3.30 – 3.45	Coffee
3.45 - 4.15	Open Q and A

Delegates will receive educational material from the event